Congratulations on your decision to get married.

The wedding celebration you are preparing with your celebrant is going to be special to yourselves and your families. The celebrant who will marry you would like to know that you have come to the decision to marry having thought carefully about your relationship strengths and your future together.

Your celebrant will provide you with brochures about relationship education courses and encourage you to participate in one of these programs yourselves. You should feel free to approach any of the program co-ordinators, or check out websites, to clarify which program is best for you. Mostly, it is a choice between being involved in a group program with other couples or being involved in a ‘Prepare’ questionnaire which you and your partner complete as an individual couple.

Relationship Education Programs are about relationships, not about religious education. They are an opportunity for you to think about what, in these times, goes into creating a healthy marriage. The programs are not intended to change your mind about your decision to marry but rather to enrich your relationship and provide you with skills that you can use in the future.

Clarifying our expectations and our personal needs is not something we always achieve simply by living with our partner. It is a very active process and part of the whole journey we take together. You will be encouraged to think about the range of topics you have expectations about and where these expectations come from.

Other couples who have participated in these programs say:

“An eye opener and I would recommend to others to attend the course”
“Nice to know we’re not the first to go through life’s little challenges.”
“Facilitator kept things rolling along and there were a variety of activities.”
“We were not embarrassed in front of the group.”
“There was time for us to discuss as a couple.”
“I didn’t really want to attend but I found the sessions very beneficial as some areas were discussed that we can work on to help build our relationship even more.”

Couples also say they would recommend these programs to their friends.

Your celebrant wants you to be well equipped for a positive and fulfilling life together and hopes that you will both see the program you choose as a positive opportunity towards making that a reality.

If you would like further information about Lifeworks' programs please call us on 8650 6200, email tcook@lifeworks.com.au or visit our website www.lifeworks.com.au.

Best wishes for your future together.